



WINES

HOUSE WINES

Malbec, Argentina	£25 / £9.50 / £8 / £5
Shiraz, Australia	£25 / £9.50 / £8 / £5
Merlot, Chile	£25 / £9.50 / £8 / £5
Chardonnay, South Africa	£25 / £9.50 / £8 / £5
Pinot Grigio, Italy	£25 / £9.50 / £8 / £5
Sauvignon Blanc, Chile	£25 / £9.50 / £8 / £5
Pinot Grigio Rose, Italy	£25 / £9.50 / £8 / £5
Zinfandel, California	£25 / £9.50 / £8 / £5

RED Rioja Crianza, Spain Bottle £35

WHITE Sauvignon Blanc, New Zealand Bottle £35

SPARKLING Prosecco, Italy 200ml £9
Prosecco, Italy Bottle £30
Sparkling Brut, England Bottle £50
Sparkling Rose, England Bottle £50

HOT DRINKS

COFFEE ISLAND ROASTED

Add Syrups	£1
Caramel, Vanilla, Hazelnut, Gingerbread, Pumpkin Spice	
Americano	£4
Latte	£4
Cappuccino	£4
Flat White	£4
Mocha	£4.50
Double Espresso	£3.50
Macchiato	£3.50
Babycino	£1
Wight Coffee	£7
Wight whiskey & Island roasted coffee with cream	
Baileys latte	£7
Affogato	£8
2 scoops of vanilla ice cream with a double espresso	
Add Liqueur	£2
Baileys, Kahlua or Frangelico	

TEA £3

English Breakfast | Earl Grey | Peppermint
Chamomile | Rooibos | Yunnan Green Tea
Red Berry Infusion | Decaf Tea

HOT CHOCOLATE £4

Add Cream & Marshmallows £2
With mallows, chocolate shards & whipped cream



Rex's Range £3.50
Dog friendly ice cream that's
lactose free.

FOOD ALLERGIES & INTOLERANCES

If you would like more information regarding allergies and intolerances, please speak to a member of the team.

FINEST HOME-GROWN & LOCALLY SOURCED PRODUCE



THE COW

SINCE 2015



COCKTAILS £12

Disaronno Sour

Disaronno, fresh lemon juice, sugar
syrup & a lemon ice ball.

Blackberry Mojito

Westerhall Rum No.3 with blackberry
syrup, soda, lime wedges, fresh mint &
blackberry skewers
(classic version available).

Spicy Margarita

Cazcabel Tequila Blanco, Cointreau,
fresh lime juice, sugar syrup, Tabasco,
Aleppo chilli salt rim & frozen chilli
(classic version available).

Bloody Mary

Mermaid salt vodka with big tom
tomato juice, fresh lemon, celery, spices
& Tabasco sauce.

Kir Royale

Chambord & prosecco with frozen
blackberries.

Dark and Stormy

Mermaid Spiced Rum, fresh lime
juice, Gingerella ginger ale, ginger
rim & a dehydrated lime wheel.

Passionate Cow

Black Cow vodka, lychee liqueur,
passionfruit syrup, lychee juice,
frozen passionfruit & mint sprig.

Salted Caramel Espresso Martini

Salted caramel vodka, kahlua,
IW espresso coffee, salted caramel
syrup, salted caramel swirl & salted
caramel pieces (classic version
available).

Vanilla Cream

IW Vanilla ice cream, Baileys,
Absolut vanilla vodka, Frangelico,
whipped cream & shortbread biscuit.

Winter Spritz

Aperol, cranberry juice, prosecco,
dehydrated orange wheel, winter
berries & rosemary sprig (classic
version available).

DRINKS MENU

DRAFT BEER & CIDER

Camden Hells Lager 4.6% ABV	Pint £6.50 ½ £3.25
Mahou Lager 5.1% ABV	Pint £7.50 ½ £3.75
Camden Pale Ale 4.0% ABV	Pint £6.50 ½ £3.25
Camden Off Menu IPA 5.8% ABV	Pint £7.50 ½ £3.75
Camden Stout 4.0% ABV	Pint £7.00 ½ £3.50
Kopparberg Apple Cider 4.0% ABV Gf	Pint £6.50 ½ £3.25

BOTTLED BEER & CIDER

Estrella Damm Lager 4.6% ABV	330ml £6
Daura Damm 5.4% ABV Gf	330ml £6
Estrella Inedit 4.8%ABV	330ml £6
Damm Lemon 3.2% ABV	330ml £4.50
Super 8 Cherry Beer 3.4% ABV	330ml £4.50
Wight Gold 4% ABV	500ml £6
Strawberry & Lime 4.0% ABV Gf	500ml £6
Mixed Fruits 4.0% ABV Gf	500ml £6
Lucky Saint 0.5% ABV	330ml £5
Freedom Estrella 0.0% ABV Gf	330ml £5
Strawberry & Lime 0.0% ABV Gf	500ml £5
Mixed Fruits 0.0% ABV Gf	500ml £5

GIN & TONICS £10

The Cow G&T

Our signature G&T, IW Mermaid gin, cucumber & watermelon tonic, served over ice with frozen watermelon & cucumber.

Zest & Tonic

IW Mermaid Zest Gin, topped with Mediterranean tonic, served over ice with singed rosemary & frozen lemon slices.

Cherry & Tonic

Vaudville morello cherry gin, topped with a choice of tonic from our selection, served over ice with cherries & mint.

Raspberry & Tonic

Vaudville raspberry gin, topped with a choice of tonic from our selection, served over ice with raspberries & mint

MOCKTAILS & MILKSHAKES

Virgin Cow G&T	£8
Salcombe 0% first light gin, cucumber & watermelon tonic served over ice with frozen cucumber & watermelon.	
Blackberry Bramble	£8
NLL 0% First light gin, Blackberry syrup, frozen blackberries with refreshingly light Fevertree tonic, mint sprig & a blackberry skewer.	
No-Jito	£8
Lime wedges, sugar syrup, eager apple juice, fresh mint & soda with dehydrated limes.	
Cow Lemonade	£8
Fresh lemon juice, sugar syrup served over ice with soda & frozen lemon.	
Strawberry Cow Lemonade	£8
Fresh lemon juice, strawberry syrup served over ice with soda & frozen strawberries.	
Midnight Sun	£8
NLL 0% Midnight Sun gin, lemonade, mint & red berries served over ice.	
Vanilla Milkshake	£8
IW vanilla bean ice cream, IW milk, vanilla syrup, mini marshmallows & whipped cream.	
Chocolate Milkshake	£8
IW Chocolate ice cream, IW milk, topped with whipped cream, crumbled brownie and fudge pieces.	
Strawberry Milkshake	£8
IW strawberry ice cream, IW milk, strawberry syrup, strawberry sauce, strawberry chocolate curls & whipped cream.	
Red Berry Smoothie	£8
Frozen mixed red berries, apple juice, raspberry syrup.	

SPIRITS

VODKA

25ml / 50ml

Mermaid Vodka 40%	£5.50 / £8.50
Black Cow Vodka 40%	£5.50 / £8.50
Salted caramel Vodka 37.5 %	£5.50 / £8.50

GIN

25ml / 50ml

Mermaid Gin 42%	£5.50 / £8.50
Mermaid Zest 40%	£5.50 / £8.50
Mermaid Pink 38%	£5.50 / £8.50
Mermaid Winter Gin 38%	£5.50 / £8.50
Salcombe Gin 44%	£5.50 / £8.50
Salcombe Pink 41.4%	£5.50 / £8.50
Vaudville Morello Cherry 40%	£5.50 / £8.50
Vaudville Raspberry 40%	£5.50 / £8.50

RUM

25ml / 50ml

Westerhall Rum No.3 37.5%	£5.50 / £8.50
Mermaid Spiced 40%	£5.50 / £8.50
Koko Kanu Coconut 37.5%	£5.50 / £8.50
Salcombe Island Street White	£5.50 / £8.50

WHISKEY

25ml / 50ml

Daddy Rack 40%	£5.50 / £8.50
Jimmy Rack Rye 61%	£5.50 / £8.50
Wight Whisky 40%	£5.50 / £8.50

TEQUILA

25ml

Cazcabel Blanco 38%	£3.50
Cazcabel Coffee 34%	£3.50
Cazcabel Honey 34%	£3.50
Cazcabel Coconut 34%	£3.50

SOFTS

Lrg/Sml

Lime & Soda	£2.50 / £1.50
Coca Cola, Coke Zero, Lemonade, Fanta, Dr Pepper Zero, Sprite Zero & Juices	£4 / £3
Still & Sparkling Water	£4.50 / £2.50
Tonic Water	£3
Gingerella	£3.50
Sparkling Elderflower	£3.50
Appletiser	£3.50
Frobishers Orange & Passionfruit	£3.50
Frobishers Apple & Mango	£3.50
Frobishers Apple & Raspberry	£3.50
Big Tom Tomato juice	£3.50

KIDS SOFTS

Coca Cola, Coke Zero, Lemonade, Fanta, Dr Pepper Zero, Sprite Zero & Juices	£2.50
Mini Shake - Chocolate, Strawberry or Vanilla	£4
Milk	£2
Flawsome Blackcurrant	£3
Flawsome Sweet Apple	£3
Flawsome Mango & Orange	£3